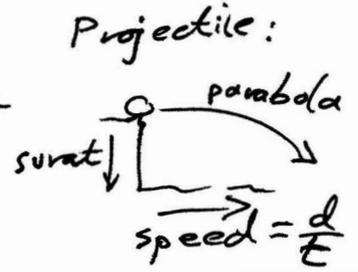


a due to gravity = 9.8 m/s^2

s : displacement
 u : initial vel
 v : final vel
 a : acceleration
 t : time

Use if object is accelerating

- ① $v = u + at$
- ② $s = ut + \frac{1}{2}at^2$
- ③ $s = \left(\frac{u+v}{2}\right)t$
- ④ $v^2 = u^2 + 2as$



NEWTON:
 1st Law: MOTION CONSTANT IF NO EXTERNAL FORCE
 2nd Law: $F = ma$
 3rd Law: TO EACH ACTION THERE IS EQUAL + OPPOSITE.

WEIGHT = mg
 For EQUILIBRIUM (constant motion):
 - NO RESULTANT FORCE (BALANCED)
 - NO RESULTANT MOMENT/TORQUE

AIR RESISTANCE + FRICTION increase with SPEED.
 - SCALARS just have mag $\rightarrow A, d, E, P$
 - VECTORS have mag + dir $\rightarrow F, a, v, s$

$KE = \frac{1}{2}mv^2$
 $GPE = mgh$ → use if given h

- If no E lost when falling: $mgh = \frac{1}{2}mv^2$
 - If $mgh \neq \frac{1}{2}mv^2$, E lost (thermal)
 $mgh = \frac{1}{2}mv^2 + E_{lost}$ (work done against frictional forces)

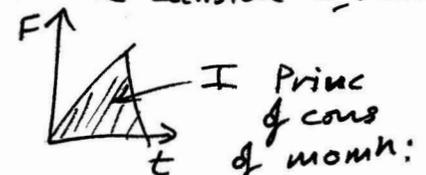
Work done: $E = Fd$

$v \times 2$ Braking $d \times 4$ Thinking d :
 ($\frac{1}{2}mv^2$)
 - speed
 - drugs
 - distractions
 - tiredness

MECHANICS

momentum = mv
 (kgm/s) $F = \frac{\Delta(mv)}{t}$

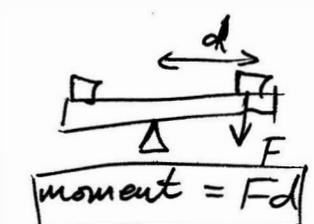
- Crumple zones/air bags increase collision t , reduce F .



"TOTAL MOMENTUM IS CONSERVED ABSENT EXTERNAL FORCES"

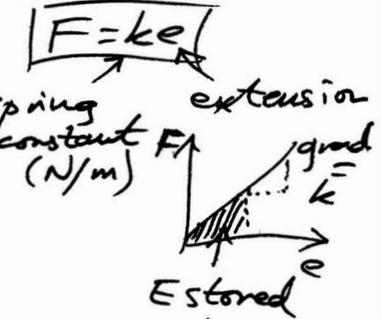
$A \rightarrow B$ { AB coupling
 $m_A u_A + m_B u_B = m_{AB} v_{AB}$

recoil
 $m_A v_A = m_B v_B$



Principle of moments:
 "FOR SYSTEM TO BE IN EQM, SUM OF \curvearrowright = SUM OF \curvearrowleft "

Hooke's Law:



$E = \frac{1}{2}Fe = \frac{1}{2}ke^2$

Video

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